





• Latvia – (Latvijas Republika), the middle of the three Baltic states.

 1.8 million people, but with a population density of only 30 per km² more than 1/3 people live in the capital, Riga.

Punching above their weight – both in healthcare and hockey!



Riga Children's University Hospital: Putting Anaesthetic-Emissions to Bed



Medical gases are a significant (>25%) contributor to carbonimpact in healthcare.



What is the standard practice for these gases? Venting to the outside world untreated



Eco-friendly alternatives exist – gas destruction with up to 95% efficiency!



Riga Children's University Hospital: Medicines Management to Reduce Environmental Impact



Reasonable stocks

• Preventing expiration

Dissolution of high-risk drugs in the hospital pharmacy

- Reducing hazardous chemical waste
- Reducing the risk of household waste contamination
- Reducing the risk of spreading vapors in the air and inhalation

Combination of non-drug treatment

• Reducing medication use



Strenči Psychoneurological Hospital: Environmental Protection Plan

Reduction of Reduct carbon hospi emissions environ

Reduction of hospital's environmental impact

Involvement and education of staff

Gold Standard in Latvian Sustainability Index in 2021 and 2022

WATER USAGE



6.att. Slimnīcas kopējie ūdens patēriņa dati no 2018.-2022. gadam (m3)

HEATING ENERGY



5.att. Slimnīcas kopējās siltumenerģijas patēriņa dati no 2018.-2022. gadam (MWh)

Credit: Graphs by Strenči Psychoneurological Hospital



Liels paldies!