

# Green Healthcare

GOOD PRACTICES OF GREEN HEALTHCARE AROUND THE EU



## Green Transport

### MEILAHTI HOSPITAL

In 2020 Helsinki University Hospital (HUS) received the 2020 Commuter Pioneer award. Every year, the nationwide Smartly to Work project, presents the Commuter Pioneer award, which is given to a project involving commuting and business mobility that increases sustainability and well-being.

Meilahti Hospital is part of HUS which treats approximately 680,000 patients each year and employs nearly 27,000 professionals, being one of Finland's largest healthcare providers and the country's second largest employer.

In 2019, HUS and Sitowise investigated the mobility needs of the staff in the Meilahti hospital area and the possibilities to guide them from car use to a more sustainable mobility. The result of the project was a program to promote wise mobility.

The actions taken include a new internal hospital webpage focusing on commuting, with information on different ways of transport, all encouraging responsible choices. The webpage also includes an online course about alternative ways of transport to car. HUS also has a carpooling site. Activities and campaigns for staff have been used to promote walking and cycling, such as electric bike testing sessions and the National Kilometer Competition, which takes place every year. Additional bike racks have been built in hospital areas and the number of showers will be doubled, to better cover the needs of cyclists and walkers. Moreover, HUS will add charging points for electric bikes.

According to a survey produced in 2019, nearly half of the employees used a bike or walk to work at least three times a week. Public transport is also already widely used, with 40-50% of employees travelling by public transport to work, depending on the season.

More information at the following [Link](#).

